

MARSH ACADEMY LEISURE CENTRE

RISK ASSESSMENT – INITIAL REVIEW		
Risk Assessment by:	Sam Shrewsbury	
Date:	November 2018	
Next scheduled review date:	November 2019	
RISK ASSESSMENT FOR: <i>FITNESS SUITE</i>		
* DESCRIPTION	REF	SPECIAL HAZARDS
Facilities - General	FS1	Floor Surface
	FS2	Electricity
	FS3	Ceiling/Lighting
	FS4	Heat/Ventilation
	FS5	Emergency Exits
	FS6	Hygiene/Cleanliness
Fitness Equipment (General)	FS7	Position of equipment
	FS8	Type/condition/maintenance of equipment
	FS9	Lack of user skill
	FS10	Unauthorised use
Resistance Equipment	FS11	Moving parts/cables/fittings/upholstery Poor training techniques
CV Equipment	FS12	Moving parts/fixings
		Power supply
		Poor training techniques
Free Weights	FS13	Loose collars
		Racking/storage
		Matting
		Benches
		Poor training techniques
Casual Use Sessions	FS14	Unauthorised access
		Overcrowding
		Poor training techniques
Coached/Organised Sessions	FS15	Quality of Coaching
		Coach/Public Ratio
Club/Private Hire	FS16	Lack of user skill
		Supervision arrangements
		Overcrowding

* List tasks, activities, equipment, machinery, location details as applicable.