

## PARENTS' BULLETIN

**Friday 10<sup>th</sup> May 2019**

### SATURDAY REVISION SESSIONS

- There will be **Year 11** Science, French and Spanish revision sessions tomorrow, Saturday 11<sup>th</sup> May, 9.30am - 11.30am.
- There will also be a **Year 10** RE revision session tomorrow morning, Saturday 11<sup>th</sup> May, 9.30am - 11.30am.

### YEAR 10 PARENTS' WORKSHOP MONDAY 20<sup>TH</sup> MAY 6PM

There has been some confusion regarding the Year 10 Workshop "Looking ahead at the next academic year and how to help your child plan". The workshop will be held on **Monday 20<sup>th</sup> May**, if you have not received a letter please contact the school and a replacement will be sent.

### EXAMINATIONS

We are now entering the Summer Examination Series, so our Year 11 and 13 will be focusing on revision and preparation for what will feel like a multitude of exams. Year 10 and some Year 12 will also have some real exams, before the other year groups start their internal exams. It is so important get the right balance of studying, working hard and taking them seriously, but also making sure students take time away from studying to relax and keep perspective. I would like to wish all of our students the best of luck and also thank the numerous staff that have given up their weekends, holidays and evenings to give that little bit of extra support where needed.

### CAR PARK

Would all parents who drive into the school car park please remember the speed limit is 5mph.



### PARENT FORUM

The next Parent Forum meeting will be held on Wednesday 15<sup>th</sup> May 2019 at 4pm. The meeting will focus on preparing your child for the exam season – how can you support your child's revision as the internal exams approach. If attending, please contact school Reception.

### DATES FOR YOUR DIARY

Wednesday 15<sup>th</sup> May – Parent Forum  
 Monday 20<sup>th</sup> May – Year 10 Parents' Workshop  
 Friday 24<sup>th</sup> May – Last day of Term 5  
 Monday 3<sup>rd</sup> June – First day of Term 6

## 5 Ways to Make the Most of Your Revision Time

by @inner\_drive | www.innerdrive.co.uk

#### Space Out Your Learning

Don't leave everything to the last minute. Start early and revisit topics regularly. This will help keep information in your long term memory.

#### Create a Sense of Purpose

Telling yourself how learning the material will help you achieve your future goals can help create a sense of purpose and keep you motivated.



#### Test Yourself

Research suggests that this is one of the most effective ways to improve your memory. It can help prepare you for exam conditions.



#### Sleep Well

Sleep plays a major role in how you feel and how much you remember. Don't neglect getting a good night's sleep. Regular routines such as consistent bedtime and wake-up times will help.



#### Teach It

By teaching the material to someone else, it can help ensure you fully understand the main concepts with clarity.