

# PARENTS' BULLETIN

## Friday 24<sup>th</sup> May 2019

Firstly, I would like to congratulate all of our students who have been sitting exams over the past two weeks. They have gone remarkably well so far. Unfortunately, Year 11 have 13 exams, just in English, Maths and Science, so there are still quite a few left and it is important to make sure plenty of rest and relaxation happens over the half term break. However, there are plenty of revision sessions going on over the break (below) for students who would benefit from some support with their revision. Thank you to all of the staff giving up their time to help.



**9 Ways to Beat Revision Stress**  
by @inner\_drive | www.innerdrive.co.uk

- 1** Do the actual work – revise!
- 2** When really stressed, talk to someone about it
- 3** Get some fresh air each day
- 4** Stick to regular mealtimes
- 5** Do something to switch off an hour before bed
- 6** Don't dwell on worst case scenarios
- 7** A good sleep the night before is better than last minute cramming
- 8** Once you've done the exam, move on to the next one
- 9** Don't aim for perfection – it's a myth and doesn't exist

I also have to announce that Miss Coombs (SENCo) will be leaving us in the summer. While we usually do not announce staff departures this early, some parents will wish to meet the new SENCo before September. Mrs Jackson will be the new SENCo and will make sure she has met as many parents / carers as possible before September to ensure a smooth transition.

### EXTENDED DAY

There are no extended day activities during the first week back after half term, they will begin again week beginning Monday 10<sup>th</sup> June. Extended day activities will conclude for the summer term during week beginning Monday 15<sup>th</sup> July. I would like to take this opportunity to remind parents that extended day is compulsory for students in Y7 and 8. Absence from extended day must be treated in the same way as absence from the regular school day.

### DATES FOR YOUR DIARY

- Monday 3<sup>rd</sup> June – First day of Term 6
- Wednesday 12<sup>th</sup> June 2019 – Parent Forum
- Wednesday 24<sup>th</sup> July – last day of term 6, 1pm finish, non-uniform day

#### Revision Timetable

	Year 11			Post 16		
<b>Saturday 25<sup>th</sup> May</b>	<b>Maths</b>	<b>Mr Simmons</b>	<b>0930 - 1130</b>			
<b>Bank Holiday Monday 27<sup>th</sup> May</b>	<b>Exciting Maths</b> <b>Less exciting History</b>	<b>Mr Simmons</b> <b>Mr Scrivener</b>	<b>0930 – 1130</b> <b>0930 - 1130</b>	<b>Sociology</b>	<b>Mr Bloomfield</b>	<b>0930 - 1130</b>
Tuesday 28 <sup>th</sup> May	Science Maths Music History	Dr Kirby Mr Blair / Mrs Hughson / Mr Taylor Miss Tarrant Mr Scrivener	0930 – 1430 0930 – 1200 0900 - 1500 0930 - 1130	Sociology	Mr Bloomfield	0930 - 1500
Wednesday 29 <sup>th</sup> May	Geography Maths	Miss Cartmale / Mr Cartwright Mr Simmons	1030 – 1400 0930 - 1130	History	Mr Islam	1000 - 1200
Thursday 30 <sup>th</sup> May	History Maths	Mr Islam Mr Simmons	1000 – 1200 0930 - 1130			
Friday 31 <sup>st</sup> May	History (Germany) History (WW1) English Music Maths	Mr Thompson Mr Thompson Mr Riggs / Miss Gammon Mr Field Mr Simmons	0930 – 1130 1215 – 1415 1200 – 1500 0900 - 1500 0930 - 1130	English	Mr Riggs	0900 - 1200
<b>Saturday 1<sup>st</sup> June</b>	<b>Maths</b> <b>History</b>	<b>Mr Simmons</b> <b>Mr Scrivener</b>	<b>0930 – 1130</b> <b>0930 - 1130</b>			
<b>Saturday 8<sup>th</sup> June</b>	<b>Maths</b>	<b>Mr Simmons</b>	<b>0930 - 1130</b>			